

Skills Catalog



Welcome, Paul!

Sessions Remaining This Month: 1/1
Cycle Date: 3/15/2025

Name	Date	Time	Trainer
Time Management 10:00AM - 11:00AM	2/12/2025	10:00AM (PST)	Keith T.
Elevate Emotional Intelligence 11:00AM - 12:00PM	3/5/2025	2:00PM (PST)	Lindsay B.

Start Here We recommend starting with these 3 sessions for the best results with your plan.

Browse Sessions

bundle

Skill Sessions

bundle

Building Strong Team Dynamics	Leading Other Leaders
Business Acumen	Managing Change
Coaching and Feedback	Managing Stress in the Workplace
Conflict Resolution and Management	Maximizing the Impact of 1:1 Conversations
Creative Thinking and Innovation	Motivating People for Performance
Critical Thinking	Negotiation + Influence
Develop a Culture of Inclusion	Problem Solving
Digital Leadership	Productivity and Organization
Effective Communication	Public Speaking
Elevate Emotional Intelligence	Resilience Leadership
Empathy and Compassion at Work	Servant Leadership
Executive Presence	Storytelling and Persuasion
Foster Collaboration	Strategic Decision-Making
Interviewing with Impact	Systems Leadership
Leadership Essentials	Time Management
Leading Difficult Conversations	Transformational Leadership

Manager Foundations

Perfect For:

Managers or emerging leaders looking to lay the groundwork for effective management.

Included Sessions:



Effective Communication



Problem Solving



Building Strong Team Dynamics



Critical Thinking



Elevate Emotional Intelligence



Executive Presence

Pathway Details:



9 hours of training



6 live sessions

Future-Forward Leadership

Perfect For:

Managers, directors, executives, and high-potential leaders preparing to lead in a rapidly changing environment.

Included Sessions:



Digital Leadership



Servant Leadership



Systems Leadership



Leading Other Leaders



Transformational Leadership



Leadership Essentials

Signature **PATHWAYS** for **New Managers**

bundle

New Manager Foundations

Perfect For:

New Managers transitioning into people management, or aspiring managers preparing for their first management role.

Included Sessions:



Effective Communication



Problem Solving



Building Strong Team Dynamics



Critical Thinking



Elevate Emotional Intelligence



Executive Presence

Pathway Details:



9 hours of training



6 live sessions

Strategic Management

Perfect For:

New Managers stepping into strategic leadership roles for the first time, or high-potential employees preparing for increased leadership responsibilities.

Included Sessions:



Empathy & Compassion at Work



Conflict Resolution



Leadership Essentials



Strategic Decision-Making



Resilience Leadership



Creative Thinking & Innovation



Essential Workplace Skills

Perfect For:

Individual contributors at all levels who want to enhance core workplace skills and succeed at work.

Included Sessions:



Effective Communication



Time Management



Elevate Emotional Intelligence



Productivity & Organization



Managing Stress in the Workplace



Critical Thinking

Elevate Your Impact

Perfect For:

Individual contributors looking to enhance their influence, creativity, and confidence in the workplace.

Included Sessions:



Empathy & Compassion at Work



Problem Solving



Negotiation & Influence



Creative Thinking



Executive Presence



Maximizing the Impact of 1:1 Conversations

Pathway Details:



9 hours of training



6 live sessions